

# Excellence in Jainism



Compiler and Editor  
**O.P. Ghai**



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The most precious gems of wisdom,  
the basic principles of ethics &  
morals for all times and all ages



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**O.P. Ghai**

INSTITUTE OF PERSONAL DEVELOPMENT

# Excellence in Jainism

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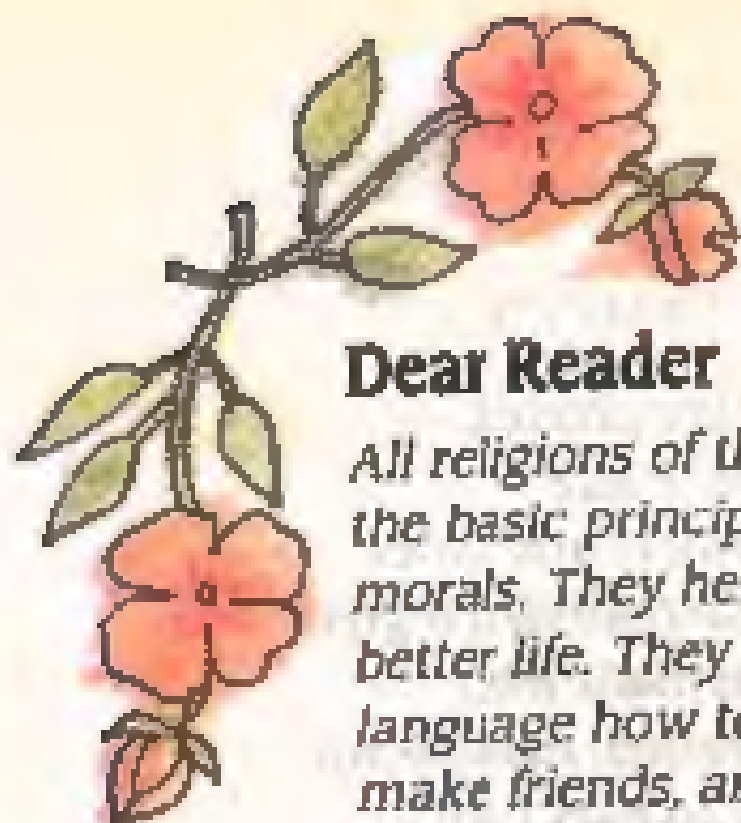
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## **Dear Reader**

*All religions of the world teach the basic principles of ethics and morals. They help us to lead a better life. They explain in simple language how to control anger, make friends, and create an atmosphere of love and peace and many other aspects of the art of living.*

*People of all ages and cultures, irrespective of caste, creed or religion can benefit from the advice given in these gift books.*

A handwritten signature in black ink, which appears to read 'O.P. Ghai'. The signature is written in a cursive style and is underlined with a single horizontal stroke.

**O.P. Ghai.**

## JAINISM

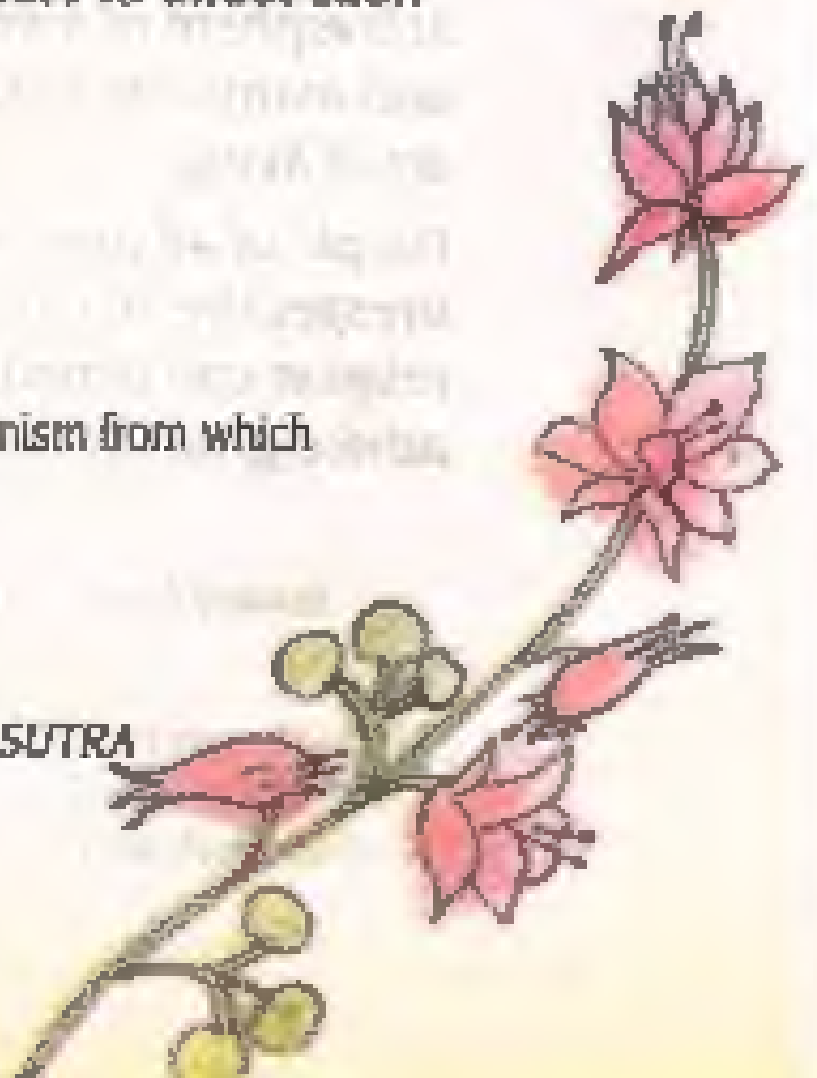
*Hinduism was, in its earlier phases, dominated by unalterable caste distinctions, animal sacrifice, and other primitive practices. These offended a great many sensitive people in India who eventually sought for reforms. Jainism was the first organized effort to effect such reform.*

Major Sacred Writings of Jainism from which selections have been made

THE AYARANYA SUTRA

THE SUTRAKRITANCA

THE UTTARADHYAYANA SUTRA





## CONTENTS

Anger, Brotherhood,  
Courage, Deeds, Duty, Evil,  
Faith, Family, Forgiveness,  
Friends, Giving, Golden  
Rule, Guidance, Happiness,  
Hate, Home, Immortality,  
Justice, Love, Man,  
Meditation, Obedience,  
Peace, Repentance,  
Sincerity, War, Wealth,  
Work, Wrath

# Anger





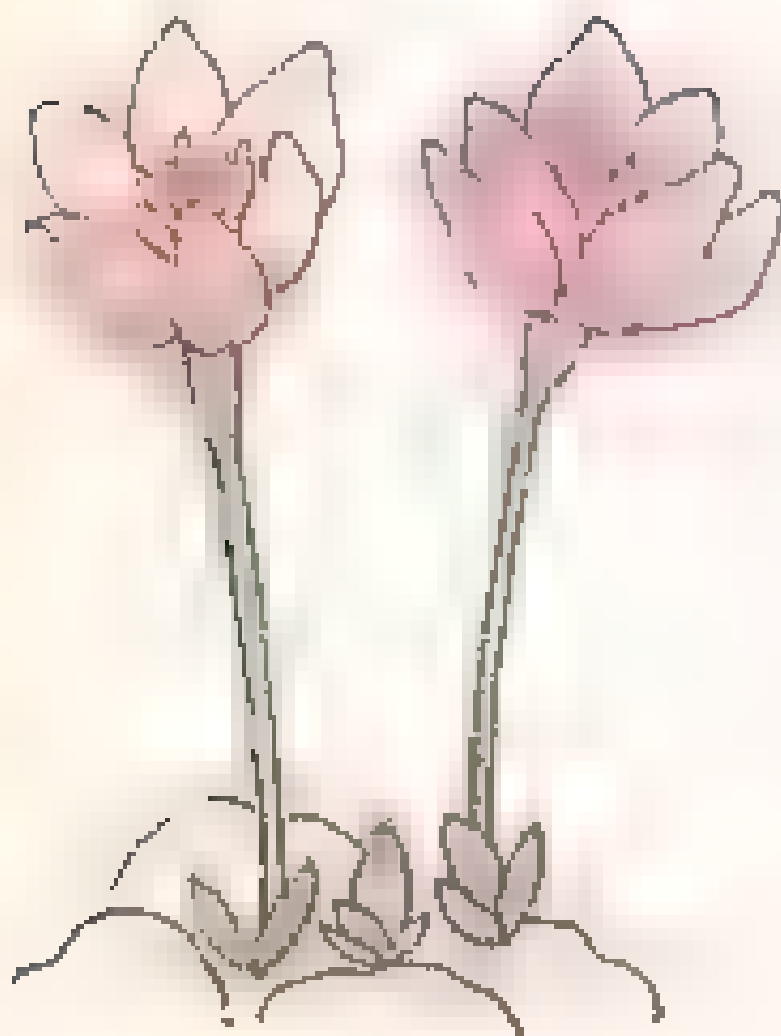
*Anger is not for the wise  
or the religious. They will  
endure persecution and not be  
angry. Only the ignorant and the  
sinful will give way to anger.*

# Brotherhood



*Be fair and impartial to  
all. Treat all men as brothers at  
all times. As one treats men, so  
should he treat all animals.  
They are also our brothers.*

*Courage*



*A* man may conquer  
thousands and thousands of  
invincible foes but that is of no  
real consequence; his greatest  
victory is when he conquers  
only his own self through  
indomitable courage.

*D*eeds



*The good show the way to  
others by their good acts. Each  
day passes never to return.  
Therefore, do good at all times,  
for you can never call back a  
day to perform a good deed  
that was not done*

*Duty*





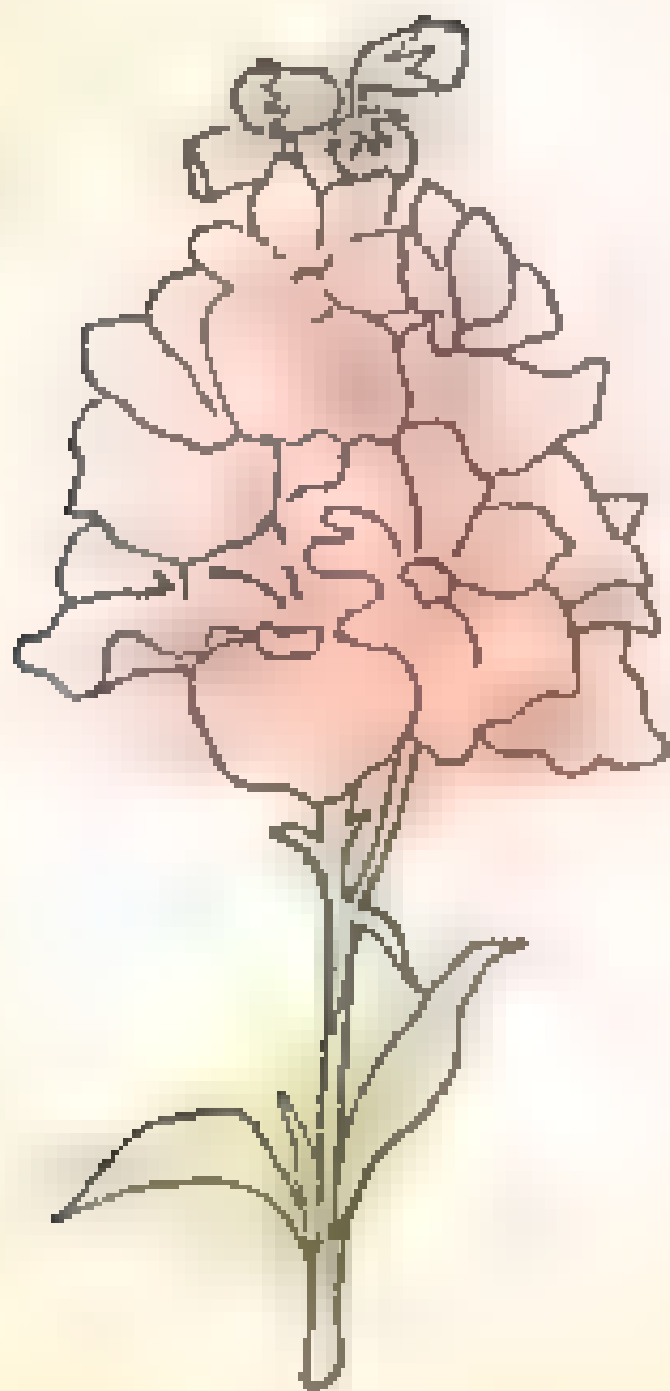
*A wise man discovers  
his duty and does it at all costs  
It is the duty of all to be  
impartial and to abstain from  
causing injury to all living  
things.*

C<sub>vi</sub>



*A*void all evil. One may  
commit evil by doing something  
wrong or by approving  
another's evil act. Do not cause  
others to sin.

*F*  
*aith*



*The man of faith has  
chosen the right pathway. He  
should practise his faith at all  
times.*

Family



*The child should support his parents when he is able to do so. Although the family should work together to aid each other, each one must suffer for his own deeds. One's family is of no use to him at the time of judgement. Then he shall be judged in accordance with his deeds.*

# *F*orgiveness





*I forgive all the living  
beings All living beings may  
forgive me. I cherish friendly  
feelings towards all. I do not  
hold any ill will towards man,  
beast or plant.*

# *F* *riends*



*Do not allow yourself to be deluded by evil associates. Make friends with those who are considerate both towards other people and towards animals.*

*G*iving



*C*hanty without fellow-  
feeling is like sowing a fallow  
land

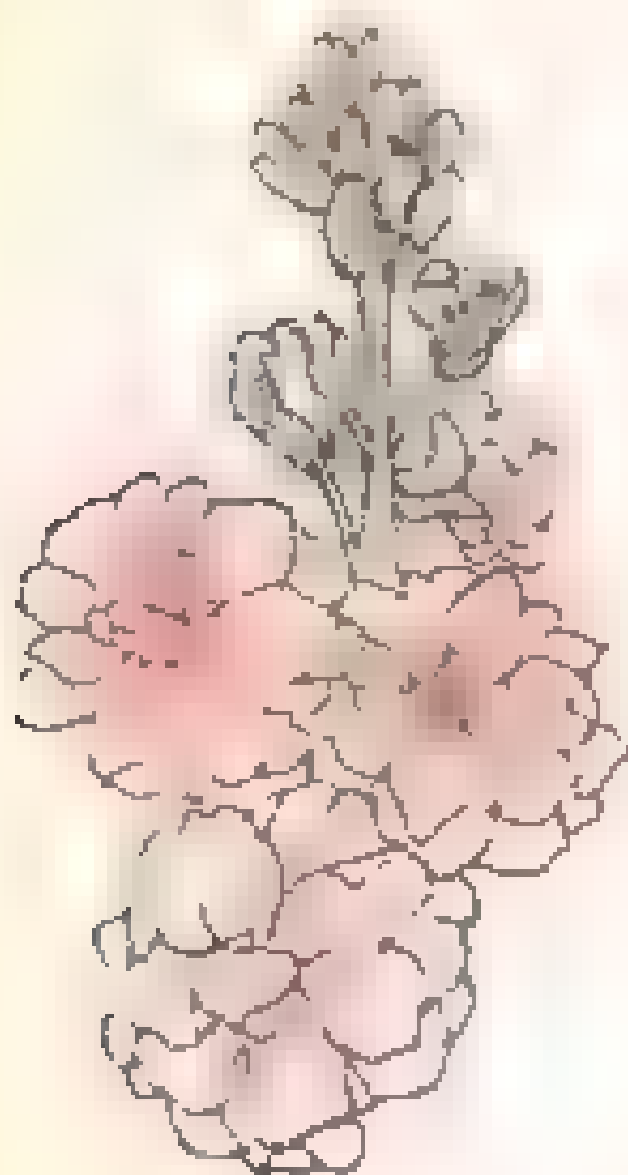
# *Golden Rule*





*ne should treat all beings  
as he himself would be treated.  
Since all beings hate pain, he  
should kill nothing*

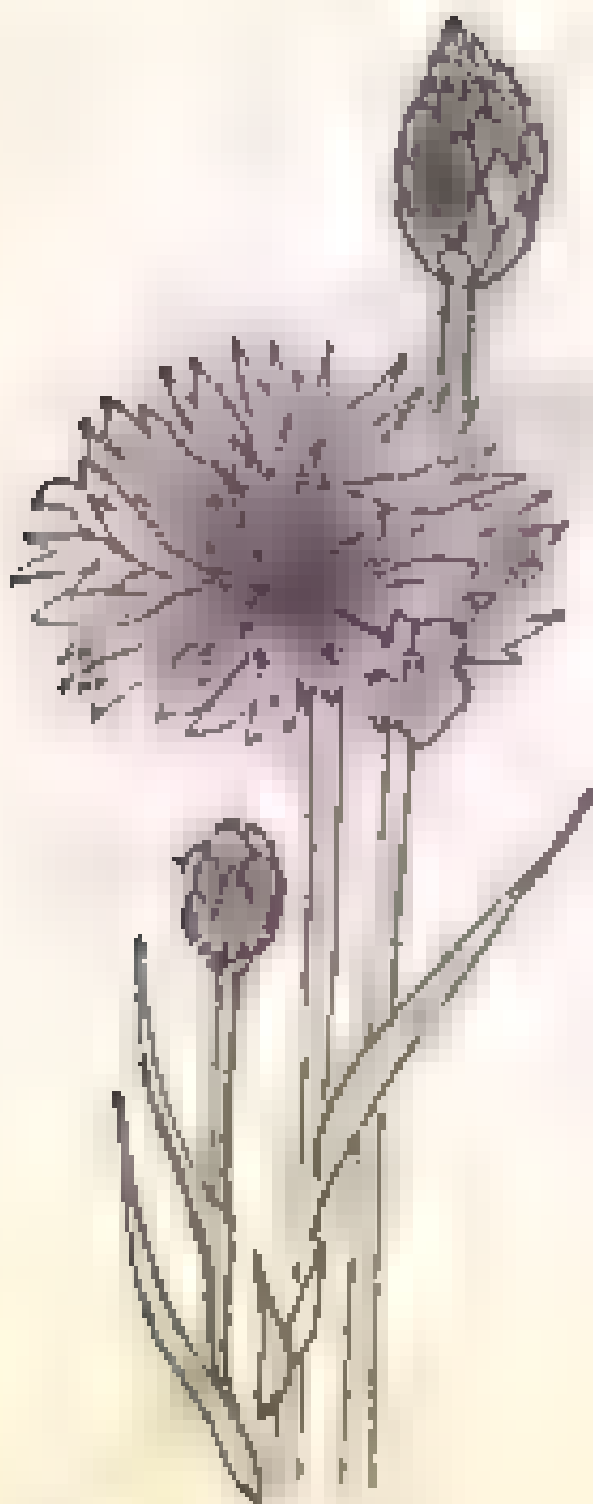
# *G*uidance





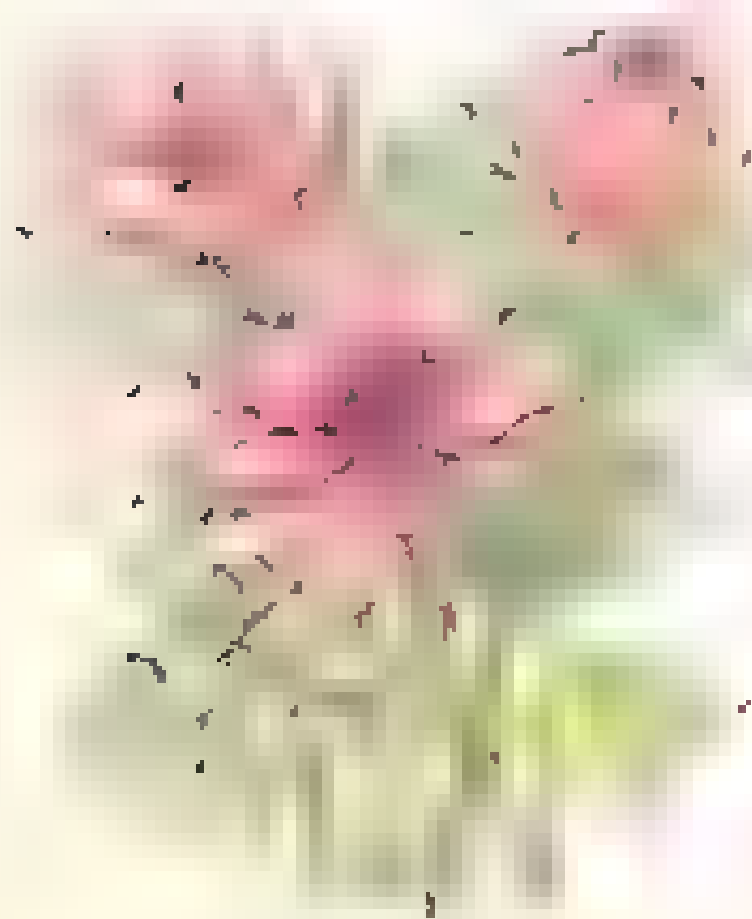
*F*rom the roots grows up the trunk of the tree, from the trunk shoot up the branches, out of them grow the twigs and the leaves; and then there are produced flowers, fruits and juice. Similarly, obedience to the guidance of Jina is the root of the tree of religion and the liberation is the highest resultant (juice). It is through this guidance that one achieves immortal renown and abiding peace.

# Happiness



*Happiness comes through self-control. The man who is able to subdue himself will find happiness in this and in the next world.*

Kate



*Hatred will drag down the  
soul and defile it To attain  
purity of soul, one should avoid  
hatred at all costs.*

# Home



*The child should support  
his father and mother when he  
is able to do so and they are in  
need But, in religious matters,  
the man must stand alone*

# Immortality





*T*here will be a life  
hereafter. The evil shall go to  
hell and the good to heaven. In  
heaven the soul develops to  
perfection

Justice



*G*od, let me not stray away  
from the path of justice. I may  
remain ever steadfast against  
the denunciation by others;  
should ever be unmindful of the  
prospects of immediate death  
or life through millenniums,  
keeping my equanimity in  
poverty and plenty

Love



*O*ne should show  
compassion to all creatures,  
and obey the Law at all times.

Man



*Man is a creation of God, made in the likeness of God. He has been made a little less than the divine. As sons of the living God, men are clay in the hands of God, the potter, to do with as He wills.*

# Meditation





*C*ontemplation is the means of obtaining stability of mind. Even though one is severely persecuted, one must obey the law of silent meditation.

# Obedience



*The fool refuses to obey  
the Law and is sorry when he  
reaches the hour of death. Man  
is created to fulfil the law of  
God. The wise and pious are  
always obedient to the law of  
God*

Peace



*The enlightened will make  
peace the foundation of their  
lives. All men should live in  
peace with their fellow beings.  
This is the Lord's desire*

# *Repentance*



*Repent of pleasures and  
instruct others to do so. If one  
lives only for the present, and  
does not prepare for the future,  
one will repent later on.*

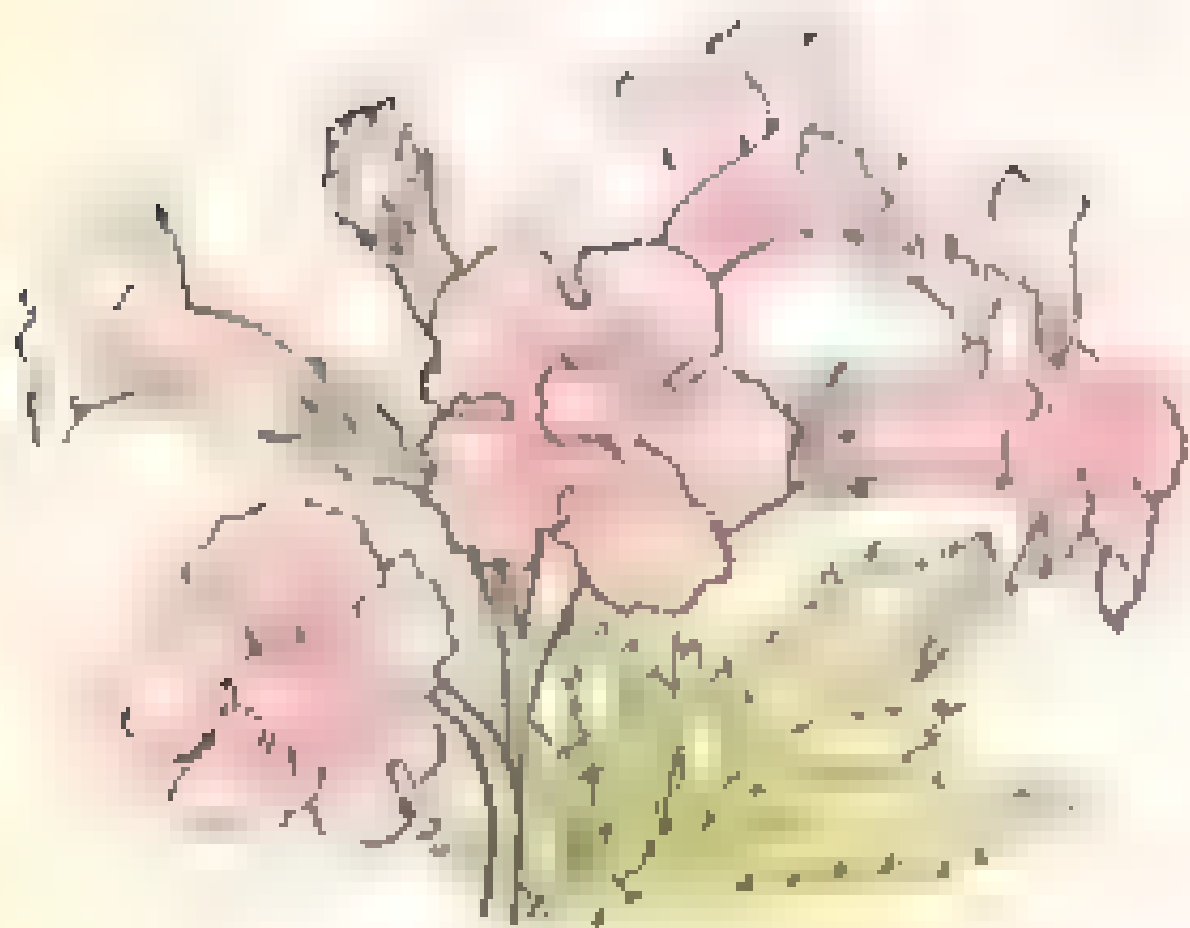
*Sincerity*





*Clear thinking comes through sincere and earnest effort. One can be proficient in religious practices only to the degree that one is earnest and sincere. Through sincere actions one becomes pure.*

War



*N*ever kill anything for any  
reason whatsoever The wise  
live at peace with all men,  
whatever the cost War is totally  
condemned.

Wealth



*W*

*ealth is fleeting and  
will never completely satisfy  
anyone. To put faith in wealth is  
to be a fool, for it will cause  
pain both in this world and in  
the next.*

Work



*A* day once gone will  
never return. Therefore, one  
should be diligent each moment  
to do good. We reach the goal  
of the good life by pious works.

Wrath





*Wrath is a passion which defiles the soul. The wise man will avoid wrath lest he be caught in the toils of the passion as a fly is caught in glue. Even though he is beaten, the religionist will not give way to wrath.*

## **By the Same Author**

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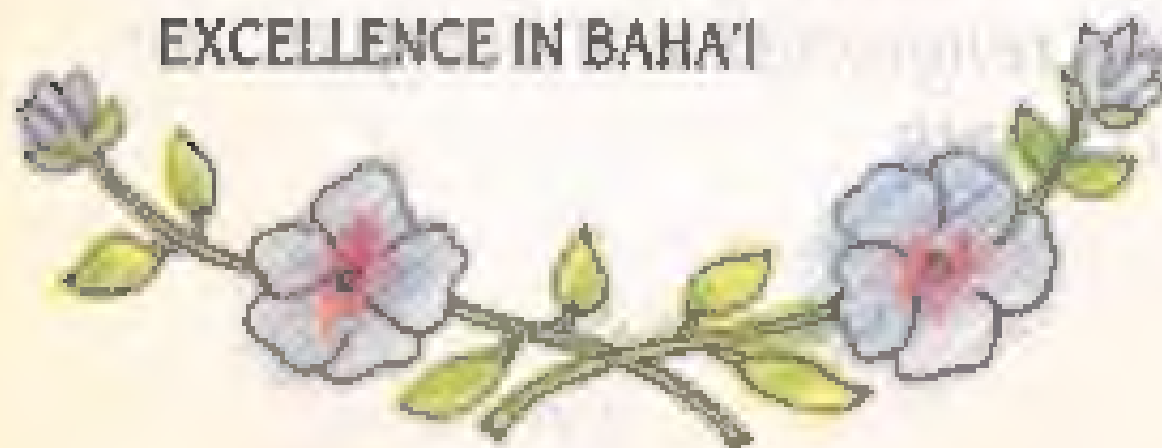
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